

ADVANCING FAMILY PLANNING AMONGST ADOLESCENTS USING A HYBRID MODEL

THE ROLE OF PEER-TO-PEER SUPPORT IN THE REDUCTION OF UNMET FAMILY PLANNING NEEDS AMONG TEEN MOTHERS IN BARINGO COUNTY; KENYA.

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Background

Kenya experiences high fertility rates among adolescents, which is currently estimated at 106 births per 1000 females aged 15–19 years. In Baringo county, teenage pregnancies often result from low use of and/or unmet need for contraceptives. Only 8% of currently married girls aged 15-19 use modern contraceptives which is considerably lower than the national rate (37%) many pregnant adolescent girls and those with young children tend to shy away from seeking maternal and neonatal services because of the negative perception that the community attaches on them. To create a safe environment for adolescents to access services, Baringo MOH trained service providers on comprehensive adolescent health and youth friendly.

Objectives

To assess the change in the uptake of family planning among adolescents and youth.

Methodology

Health service providers and Binti Shujaa peers were trained on Comprehensive adolescent and youth sexual reproductive health Knowledge and the provision of sensitive services. They developed small doable actions within the facilities and communities to encourage adolescents' access to the services. The hybrid model strengthened linkages between the community and facility as the service provider is used as a resource during youth-led outreaches/ in-reaches, while the Binti Shujaa provides Life skill sessions, as well as Teen mothers' dialogue days.



Binti Shujaa community review and outreach meeting



Binti Shujaa monthly meeting

Results

Results comparison between the baseline period in Jan 2018 and Dec 2020, indicates a 46% increase in adolescents 10-19 years receiving family planning services from 1554 in Jan 2018 to 2278 by Dec 2020. Of the increase, 22% uptake of FP was attributed to facility linkage and dialogue sessions



A beneficiary of Family planning services

Conclusions

Engaging service providers and Binti Mashujaa peers in providing young people with SRH information and services through the existing healthcare system presents an opportunity that should be further optimized. Value clarification and attitudes transformation of service providers is a great leverage to providing quality AYSRH services which is an essential pillar to tackling adolescents' needs.